Perichoresis is a Greek word the early Church coined to describe the dance of mutual interpenetration in the Trinity, without loss of distinct individuality, where Father and Son are in one another through the Spirit—3-in-1. YHWH includes Humanity in the Perichoretic cHesed of the Eternal Community through the New Covenant in Jesus Christ. Perichoretic cHesed describes the Great Dance in its fullness...the dance of covenant keeping. They dance the covenant faithfully—submitting, serving and leading according to the best interest of the Other -- and have done so for Eternity...from before Creation. Jesus, Father's Eternal Son, became human to save and restore humanity by our adoption via his life, death, burial, resurrection and ascension. As we trust Jesus to lead us in the steps of this Great Dance, the indwelling Spirit teaches and transforms us to be more and more like Jesus. To know the love, grace and mercy of Father, Son and Spirit intimately and to dance the steps of submission, service and leading in synch with them and one another is to be "in, like and with Christ." *Perichoretic *Hesed** is explained further in the chart below.

Perichoretic ^c**Hesed:** *Faithful Covenant Keeping*

The affection, favor and kindness mutually owed, given and received by one another as partners in the New Covenant, in order to ensure that all have the resources needed to be faithful to the covenant – of which Jesus is the Party representing Humanity. It flows out of our life in Jesus, who is the faithful and true covenant partner for and with us, and in whom we are included by adoption in the relationship between Father and Son in the Spirit. The Hebrew word 'Hesed is a rich and foundational concept that requires three different Greek words (agape, charis and eleos) in the Septuagint (Greek translation of the Old Testament), plus another three associated action words (submit, serve, lead), to convey the many ways that the concept of 'Hesed is described in the New Testament. Take the time to understand this nuanced concept, and its far-reaching implications for right relationships, and you'll see 'Hesed everywhere in Scripture! Motivated by **Love**/Agape: Motivated by **Grace**/Charis: Motivated by **Mercy**/Eleos: Pursuing Affection Purposeful Favor Persistent Kindness Responds with *Submission*: Responds with Service: Responds with *Leading*: Restraining my want to meet their need Working for **their** best interest *Initiative that helps them* **succeed Words of Affirmation Words of Affirmation** Words of Affirmation Affirm their EQUALITY Affirm their WORTH Affirm their ABILITY **Ouality Time Quality Time Quality Time** Consistently prioritize meaningful interactions Consistently value meaningful interactions Consistently initiate meaningful interactions **Acts of Service Acts of Service Acts of Service** Show them how to BE like Christ Show them how to DO what Christ did Show them how to RESPOND like Christ did **Gift Giving Gift Giving Gift Giving** Creatively supply their need for affection Creatively supply their need for support Creatively supply their need for attention Physical Touch **Physical Touch Physical Touch** Touch that warms their heart Touch that heals their hurts Touch that imparts courage to move out in faith